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### **Staining histochemical technologies for B-cells of isolated pancreatic islets**

A tissue culture experimental model is best for to study the direct effect of diabetogenic chemicals not possible products of its metabolism on pancreatic B-cells. Authors are adopted to tissue culture model of isolated pancreatic islets histological and histochemical methods analysis of histostructure of islets and of insulin content in B-cells. The high quality results of analysis of histostructure of islets were obtained using Aldehyde-fuchsin method and most precise results of estimation of insulin content in B-cells by using of fluorescent Pseudoisocyanine and Immunofluorescent methods.

*Key words:* B-cells, isolated pancreatic islets, histochemical staining methods

In vivo model of experimental diabetes caused by injection or by oral administration of diabetogenic chemicals is not objective regarding obtained results: very often it is difficult to estimate does morphological changes in pancreas are determined by direct alternative effect of diabetogenic substances or this effect is caused by other metabolites formed in organism as result of metabolism or transformation of diabetogenic injected chemicals in liver, blood or in gastro-intestinal system. Is not possible to know what concentration of injected diabetogenic substance is delivered to pancreatic islets by blood.

Using of experimental model of isolated by Collagenase pancreatic islets it is possible to investigate direct effect of various concentrations of diabetogenic chemicals on pancreatic islets structure and on state of pancreatic B-cells. It is important advantage of model in vivo which possess to obtain objective data about direct action of investigated substances on pancreatic B-cells. Meanwhile not all histological and histochemical methods widely used for staining of pancreas tissue are adopted to model of isolated pancreatic islets.

Aim of work: to adopt methods of fixation and staining procedures for using of isolated pancreatic islets.

#### *Materials and methods*

Animals. Pancreas of 24 rats LEWIS 4–5 days old and 8–10 weeks old human embryos were used. Isolation procedures: dissected pancreas tissue were treated 3 times 3 min each by 2 % solution of Collagenase (Boehringer Mannheim, Germany; FLUKA, Switzerland); rinse 3 times in cold Hanks solution and centrifugation; cultivation 12h at +37° Celsius in medium RPMI 1640 (SERVA, Germany) with bovine serum + 5.5 mM of Glucose, pH 7.32–7.38. Fixation in Bouin 15 min – 1 h and filling in paraffin. Sections 4 mcm were used for staining. After deparaffinisation sections were stained by methods: aldehyde-fuchsin (basic fuchsin from Avocado Chemical company, USA and MERCK, Germany) [1], immunofluorescent method (antiserum for insulin from Institute of Diabetes «Gerhardt Katsch», Germany), Victoria 4R method (FERAK, Germany, MERCK, Germany) [2], Die thylpseudoisocyanine method (SERVA, Germany) [3] and Haematoxylin and Eosin method. All methods were adopted for isolated pancreatic islets tissue [4–6].

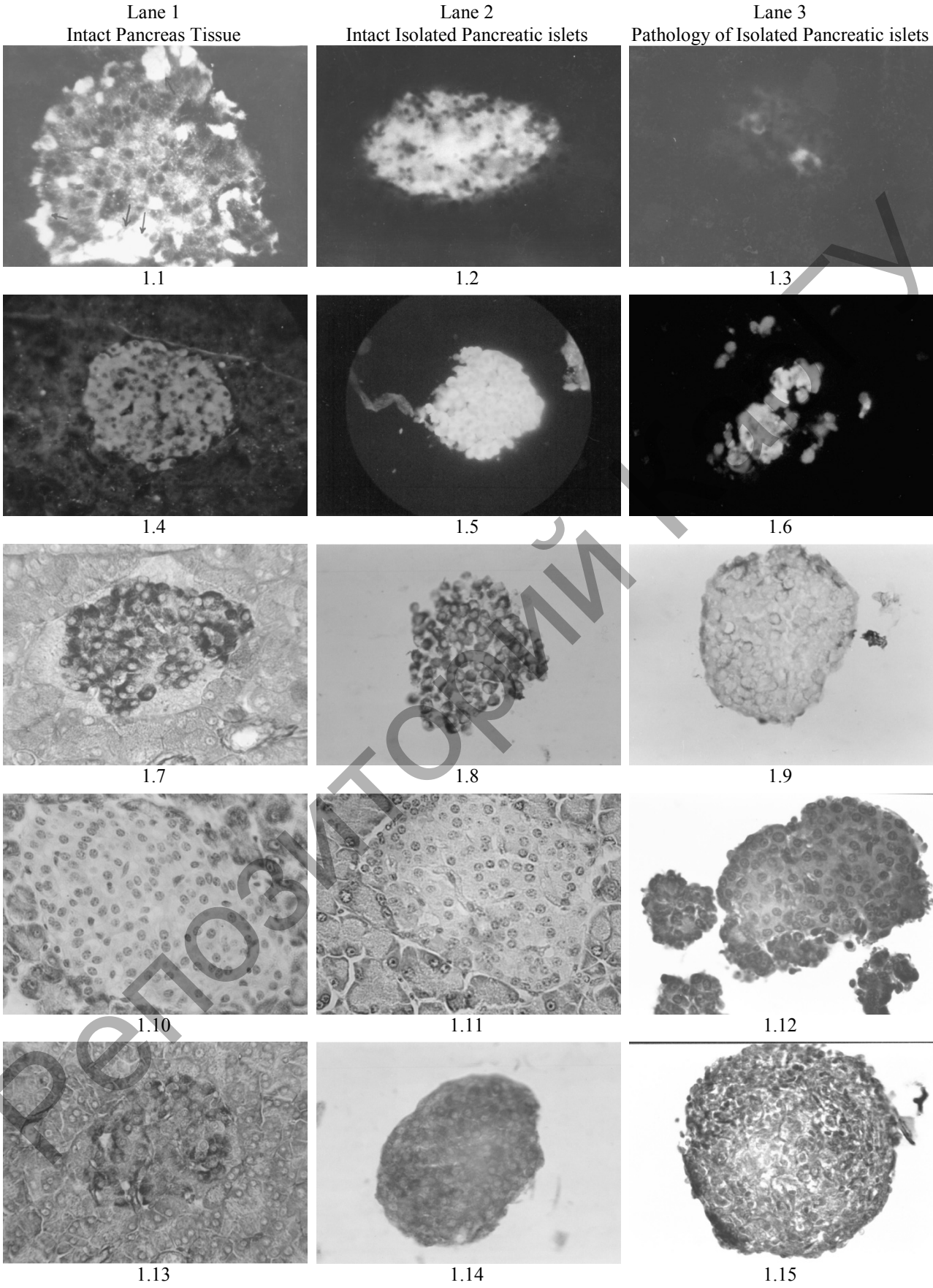


Figure 1. Rat's isolated Pancreatic Islets

- 1.1 Frozed section of fresh islet without staining;  $\times 280$ ;
- 1.2 Positive reaction for Insulin. Immunohistochemical method;  $\times 160$ ;
- 1.3 Negative reaction for Insulin. Immunohistochemical method;  $\times 160$ ;
- 1.4 Positive fluorescent reaction for Insulin in B-cells on Pancreas tissue; Diethylpseudoisocyanine;  $\times 140$ ;
- 1.5 Positive fluorescent reaction for Insulin in B-cells of isolated Islet; Diethylpseudoisocyanine;  $\times 140$ ;
- 1.6 Destruction of isolated Islet and negative fluorescent reaction for Insulin in B-cells; Diethylpseudoisocyanine;  $\times 140$ ;
- 1.7 Positive reaction for Insulin in B-cells on Pancreas tissue; Aldehydefuchshine;  $\times 280$ ;
- 1.8 Positive reaction for Insulin in B-cells of isolated Islets; Aldehydefuchshine;  $\times 280$ ;
- 1.9 Destruction of isolated Islet and negative reaction for Insulin in B-cells; Aldehydefuchshine;  $\times 280$ ;
- 1.10 Islet in Rabbit's Pancreas; Haematoxylin and Eosin;  $\times 280$ ;
- 1.11 Islet in Rat's Pancreas; Haematoxylin and Eosin;  $\times 280$ ;
- 1.12 Isolated Islet of Rat's Pancreas; Haematoxylin and Eosin;  $\times 280$ ;
- 1.13 Islet on Pancreas tissue; Victoria 4R;  $\times 280$ ;
- 1.14 Positive reaction for Insulin in isolated Islet; Victoria 4R;  $\times 280$ ;
- 1.15 Negative reaction for Insulin in isolated Islet; Victoria 4R;  $\times 280$ ;

Histological sections: Prof. G.G.Meyramov, Prof. K.-D.Kohnert — 1.1–1.3.; Prof. A.A.Kikimbaeva — 1.4, 1.7, 1.10, 1.11, 1.13; Prof. G.G.Meyramov, Doz. G.T.Tusupbekova, Doz. A.P.Andreewa — 1.5, 1.6, 1.8, 1.9, 1.11, 1.15, 1.16.

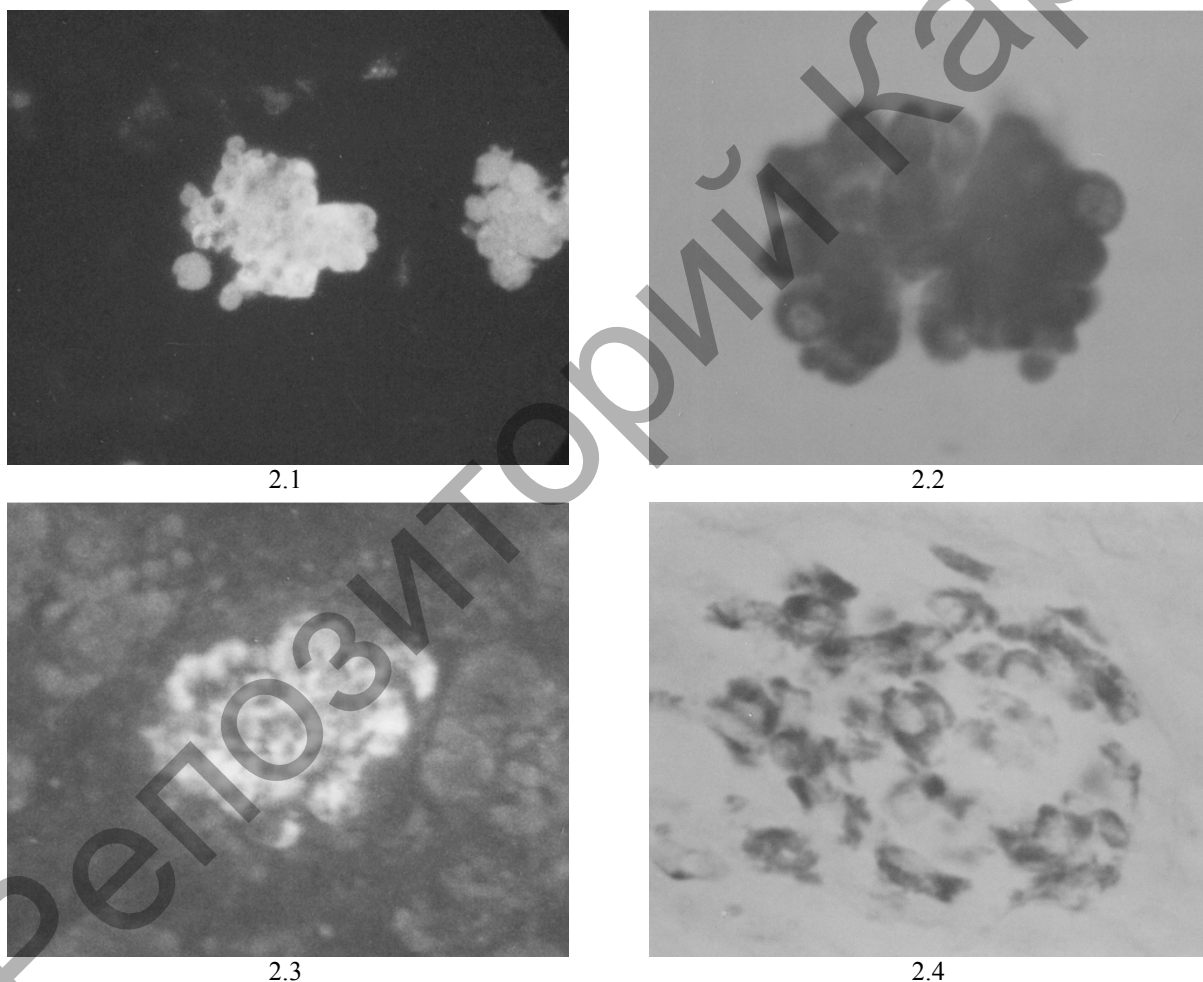


Figure 2. Human embryo's isolated Pancreatic Islets

- 2.1 Pancreatic Islet in study of formation; positive reaction for Insulin; Diethylpseudoisocyanine;  $\times 140$ ;
- 2.2 Pancreatic Islet in study of formation; positive reaction for Insulin; Victoria 4R;  $\times 370$ ;
- 2.3 Pancreatic Islet in study of formation; positive reaction for Insulin; Immunofluorescent method;  $\times 140$ ;
- 2.4 Pancreatic Islet in study of formation; positive reaction for Insulin; Aldehydefuchshine;  $\times 140$ .

Microphotographs of histological sections:

Histological sections: Prof. G.G.Meyramov, Prof. K.-D.Kohnert — 2.1, 2.3; Prof. G.G.Meyramov, Doz. G.T.Tusupbekova — 2.2, 2.4.

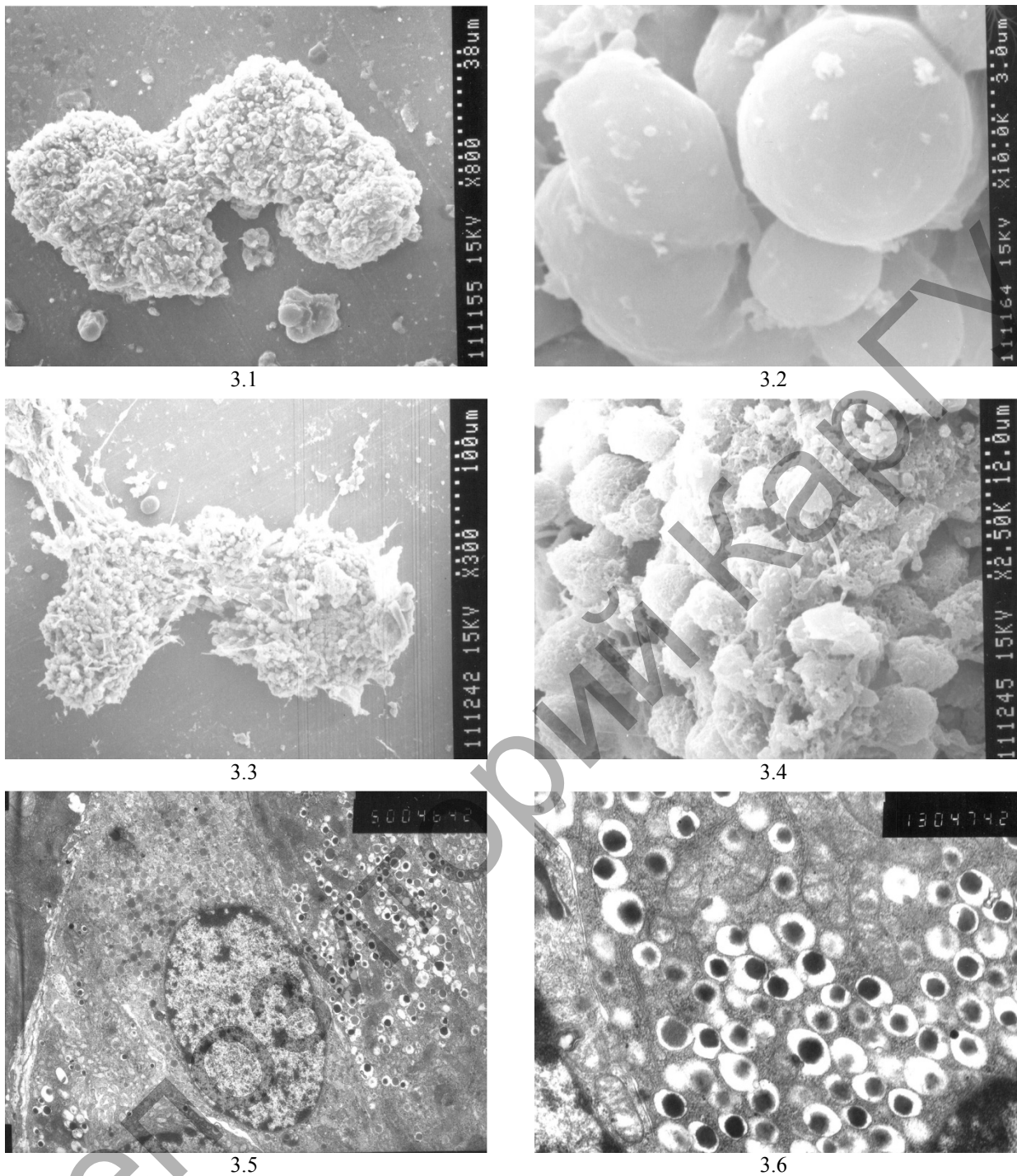


Figure 3. Scanning and Transmission electron microscopy of B-cells of isolated Pancreatic Islets

- 3.1 Isolated intact islet. Scanning electron microscopy;  $\times 310$ ;
- 3.2 Isolated intact islet. Smooth surface of individual A-cells on the surface of islet. Scanning electron microscopy;  $\times 1960$ ;
- 3.3 Isolated islet. Destruction of cells. Scanning electron microscopy;  $\times 320$ ;
- 3.4 Destruction of isolated Islet. Damaged surface of individual A-cells on the surface of Islet. Scanning electron microscopy;  $\times 540$ ;
- 3.5 Isolated intact Islet. Multiple B-granules contained Insulin; cell matrix without changes. Transmission electron microscopy;  $\times 3150$ ;
- 3.6 Multiple B-granules in B-cells of isolated islet; cell matrix without changes. Transmission electron microscopy;  $\times 9180$ .

Ultra sections: Prof. G.G.Meyramov.

Scanning electron microscopy method. Drying of islets past incubation by CO<sub>2</sub> spraying by gold and were investigated in scanning electron microscope Hitachi S-570 at using voltage 15 kV. Transmission electron microscopy method. Past cultivation in medium RPMI 1640 islets were fixed in 2 % Glutaraldehyde solution 30 min. Filling of Islets in Durcupan. Sections were investigated on JEM-7A electron microscope.

### Results

Immunofluorescent staining method [IF]. We have obtained same results of staining by IF as using of sections of pancreas tissue (Fig. 1.1–1.3). IF is high specific method for revealing of Insulin in B-cells. Decreasing of Insulin content in B-cells of islets past action direct action of Streptosotozin was evidently demonstrated by this method (Fig. 1.3).

Diethylpseudoisocyanine chloride fluorescent method [PS], a high specific for revealing A-chain of molecule of Insulin, showed same result comparatively using of sections of Pancreas tissue (Fig. 1.4–1.6). Time for staining of sections in 0,4 % solution of Diethylpseudoisocyanine was reduced from 20 min. till 15 min. as was reduced time for washing of sections past staining procedures. This method showed marked decreasing of Insulin content in damaged B-cells (Fig. 1.5, 1.6) in compared with intact.

Aldehydefuchsin method showed analogical results (Fig. 1.7–1.9). A significant differences are revealed of state of histostructure as of Insulin content in damaged isolated islets comparatively with intact (Fig. 1.8, 1.9). Aldehydefuchsin method [AF] contrary to IF and PS is not belong to high specific because colours other hormones too. But for pancreatic B-cells not contained other hormones AF is specific for Insulin.

Haematoxylin and Eosin method using we obtained same result in compared with using sections of Pancreas tissue (Fig. 1.10–1.12.).

### *Staining of human embryon's pancreatic B-cells*

Human embryon's 8–10 weeks old is not formed completely yet and is as small or more large groups of B-cells like small islets (Fig. 2.1–2.4.) contained a large amount of Insulin revealed by all histochemical methods used by us. Diethylpseudoisocyanine technic and Immunofluorescent method as fluorescent more sensitive methods demonstrated very positive reaction for Insulin in B-cells (Fig. 2.1, 2.3). Staining by Victoria 4R method showed intensive diffuse staining of cytoplasm of B-cells (Fig. 2.2). Aldehydefuchsin technic showed not intensive staining of B-cells (Fig. 2.4).

### *Scanning and Transmission electron microscopy analysis of isolates pancreatic islets*

Pancreatic islets of 4–5 days old LEWIS Rats have oval or irregular shape (Fig. 3.1.). Surface layer of islet formed by A-cells which have spherical or oval shape (Fig. 3.2). A-cells have smooth surface (Fig. 3.2.). Islets treated by Diphenylthiocarbazone, a diabetogenic chelat active chemical, looked like the islets with clear signs of damage and destruction (Fig. 3.3.) and with evident damage of surface layer formed by A-cells (Fig. 3.4).

Transmission electron microscopy analysis showed results similar to the observed in the study of endocrine pancreas tissue. Cell matrix of B-cells of isolated islets as ultrastructures of cells without changes and contained multiple B-granules contained Insulin (Fig. 3.5, 3.6.)

### Discussion

Analysis of results showed that using of histological and histochemical methods for staining of sections of isolated pancreatic islets have similar or equal to similar results obtained in pancreas tissue past staining by same methods. Fluorescent histochemical methods as Immunofluorescent reaction for Insulin as method using of Diethylpseudoisocyanine are more sensitive and identify the very low concentrations of investigated substances as  $10^{-7}$ – $10^{-8}$ , that has been confirmed by our results. Meanwhile both these methods have a common fault: histological sections past completing of staining procedures are not permanent and must be investigated within short time. Both methods are belong to high specific for staining of Insulin or of A-chain of molecule of Insulin. These methods are more precise for measuring intensity of insulin staining in B-cells because no other structure of islets are stained.

More suitable for practical using is Aldehydefuchsin technic. Histological sections of pancreas tissue as of isolated islets stained by this method are permanent and can be stored for a long time. Aldehydefuchsin method is not belong to high specific for Insulin staining. It is known that some pituitary hormones can also be stained by Aldehydefuchsin method. Meanwhile for pancreatic islet's B-cells this method you can be

measured as specific for insulin because the other hormones in B-cells are not synthesized. Method Victoria 4R is high specific for Insulin and as Aldehyde-fuchsin technic gives an opportunity to obtain permanent histological sections. Quantitative estimation of insulin content in stained sections is based on measuring of absorbed by B-cells of light. However, both of these methods are belong to histological methods too and result staining not only of Insulin, but also other structures of B-cells which absorbed light as Insulin. Therefore, results of estimation of Insulin content in the B-cells by measuring of absorbance is not so precise as using fluorescent histochemical methods for Insulin staining.

We used significantly reduced time for fixation of Islets in Bouin from 24 h for pieces of pancreas tissue up to 15–30 min. for isolated Islets. Time for staining of sections of isolated islets by Diethylpseudoisocyanine was reduced to 15 min. comparatively with 20 min. for sections of pancreas tissue.

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### Оқшауланған ұйқыбез аралшықтардың В-жасушалары күйін талдауының гистохимиялық әдістері

Мақалада ағзаға енгізілген химиялық диабетогендік заттектердің ұйқыбез В-жасушаларына тікелей әсерін зерттеу үшін тін дақылының моделі оңтайлы екендігі дәлелденген. Авторлар В-жасушалардың гистокұрылымын және инсулиннің көлемін бағалау үшін оқшаланған ұйқыбез аралшықтардың дақылы моделіне негізгі гистологиялық және гистохимиялық әдістерді бейімдендірген. Аралшықтардың гистокұрылымының күйін бағалау үшін ең сапалы нәтижелерді альдегидфуксин әдісі, ал В-жасушаларда инсулиннің көлемін бағалау үшін ең нақты нәтижелерді иммунофлюоресценттік және псевдоизоцианинді әдістері көрсеткені айқындалған.

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**Гистохимические методы анализа состояния В-клеток  
изолированных панкреатических островков**

В статье отсечено, что модель культуры ткани является наиболее оптимальной при изучении характера прямого действия химических диabetогенных веществ, а не продуктов их возможной метаболизации в организме, на панкреатические В-клетки. Авторами адаптированы к модели культуры изолированных панкреатических островков основные гистологические и гистохимические методы оценки состояния гистоструктуры и содержания инсулина в В-клетках. Показано, что наиболее качественные результаты оценки состояния гистоструктуры островков получены при использовании альдегидфуксинового метода, а наиболее точные результаты оценки содержания инсулина в В-клетках дает применение гистохимических флюоресцентных методов — иммунофлюоресцентного и псевдоизоцианинового.

Репозиторий Карту